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March 2021 Newsletter



“You are never too old to set another goal or dream a new dream.” C.S. Lewis

Zoom Meeting on Monday March 1, 2021 at 10:00 AM

Click here to join Zoom Meeting

<https://us02web.zoom.us/j/87978445001?pwd=b1pmTzB1K1Y1YTICUjIDVFIFdXdvZz09>

Passcode: 2021 (if requested)

From Elizabeth Herrell, President



Throughout history and across cultures, the spring equinox has symbolized rebirth and the promise of a new beginning. So many of us are anticipating a fresh start with the dream of having life return to a safer place during the coming spring season. No matter what our age or background, we can all begin anew this month. Let's stay away from thoughts of what might have been and look forward to what can be.

Our organization is now 42 years old, and we can all be proud of how well we have served our community. We have continued to achieve our mission to provide scholarship funding to deserving women, while fostering wonderful friendships. However, our organization can only thrive with the continued participation and support of every member. Each of you is what makes UWS the successful organization it is, and your contributions are so valued. I look forward to seeing all of you in our upcoming March meeting. Together we make a difference!



Upcoming Programs

March 1, 2021

Discover the Power of the Enneagram-Fun and Informative Facts



Robin Cameron

The Enneagram is a powerful tool that can change your life and those close to you. The Enneagram helps you to understand the motivations behind your own behavior, as well as colleagues, friends and family. This archetypal framework enables you to expand your sense of who people are and what is possible. You will learn to identify what makes you tick and what drives you, as well as what makes others tick and what drives them. It can also guide us to connect with our strengths and higher selves. Our presenter, Robin Cameron, will provide us with an

introduction to this fascinating way of looking at ourselves and others. It will open a whole world of understanding why we do what we do. Her presentation will be an intriguing and fun introduction to this powerful tool.

Robin Cameron is a long-term resident of Sedona who has studied and taught the Enneagram in Sedona for many years. She is certified in the Narrative Tradition of the Enneagram and became a founding member of the Arizona Enneagram Association in 2008. She is now in her 13th year of this particular Enneagram Community of Practice. She holds regular classes and is now conducting them on Zoom due to the COVID-19 pandemic. Robin is also a practitioner with Sedona Soul Adventures doing solo and couples' sessions with the Enneagram.



April 5, 2021



The Power of Color – Understanding its Moods and Meaning

Pegie Stark, Ph.D.

This will be a fascinating discussion on the awesome power of color and its impact on our lives. Color combinations affect our mind and perceptions of everything around us. Please join this riveting presentation on how color shapes our perceptions and triggers our moods. Our speaker, Pegie Stark, is an award-winning author and teacher who will present her work on understand the theory of color.

Pegie's extensive work in this field has earned her numerous recognitions for her art color studies and design work. She will explain color theory and how to use it though her many examples. Her book, *Color, Contrast & Dimension*, was made into an interactive teaching module and earned her a Communication Art Award for digital learning.

May 3, 2021

Wildcat Women – Narrative of Women Breaking Ground in Alaska’s Oil and Gas Industry



Carla Williams

Carla will provide her personal account and the oral history of 14 women who braved the hardships of subzero temperatures, blizzards, and social sneers of men in their pioneering work in the oil fields of Alaska’s North Slope. This presentation will be a fascinating rendition of the hazardous working conditions and obstacles they faced working in a man’s world in the oil fields.

These pioneering women set the stage for women’s rights and describes how they navigated societal roadblocks and harsh working conditions. You will not want to miss hearing this little-known history of how these trailblazers conquered the oil fields. You will be inspired by their incredible stories!



UW Sedona Social Hour Wednesday March 17, 2021, at 2:00 PM (Zoom)

<https://us02web.zoom.us/j/83809354657?pwd=WVZiWUEwV205YkwyK1BTU1E3WmowQT09>

Password: 2021 (if requested)

Spring Gardening Tips in Sedona

Come join this informal discussion led by Social Chair Rae Steinke to learn gardening tips for our tough growing conditions here in Sedona. If you have had experience growing indoors or outdoors, we really hope you will come share your knowledge with those of us who have not had much success in gardening.



This will be a give and take session, so we can all learn what to plant when and how to help the plants survive. Also, Rae, who has experience working as an interior designer for indoor plants, will share valuable insights into how to raise and maintain healthy indoor plants. There is something special in seeing gardens thrive, harvesting plants, or maintaining flower gardens.

Please note: Social hour is limited to one hour, and all members are encouraged to drop by and say hello in this casual Zoom call.

March Auction: Calling All Golfers for a Live Auction!



There will be a live auction at the end of our March 1st meeting for a foursome round of golf with two carts or for two rounds for two people with one cart at the beautiful Oak Creek Golf Course! Bidding will begin at approximately 11:15 AM. All proceeds from the auction will go directly to our scholarship fund and your donation is tax deductible. All golfers, please

support this effort and come bid. Guests are also welcome to join the bidding, and we encourage you to invite your friends to this auction. This will be a wonderful way to enjoy the beautiful Oak Creek course and have fun playing a round of golf.

In Memory



Peg Schlicheimeier passed away on February 11, 2021, after a brief illness. Peg was an active member of the community and established the Verde Valley First Books Program, which brought thousands of books to pre-school age children throughout Verde Valley. She is survived by her husband Ernie and her daughter. She will be remembered fondly as someone who dedicated her life to inspiring so many others. Peg will be missed by the many people whose lives she touched.

